

CARROT AND SULTANA SALAD

Serves 2

Ingredients

3 Carrots Grated
1/2 cup coarsely chopped pecans/walnuts
1/2 cup sultanas
2 Tbsp of fresh coriander (or parsley if you don;t like coriander)

Dressing:

1/2 cup olive oil
4 tsp honey
3 TBsp of lemon juice
Pinch of cinnamon
Salt and pepper.

After adding the dressing to the salad ingredients, toss with a handful of chopped fresh coriander